

**Newaygo County Mental Health**  
**Minutes of the Regular Meeting**  
**July 13, 2023**  
**10:00 a.m.**

**Call to Order/Welcome/Prayer**

The regular monthly meeting of the Board of Directors of Newaygo County Mental Health was called to order by Chair DeLaat at 10:00 a.m. on Thursday, July 13, 2023 in the Board Conference Room.

Member Kolk opened the meeting with prayer.

**Roll Call**

Members Present: Ralph Bell, Sarah Boluyt, Ken DeLaat, Catherine Kellerman, Bryan Kolk, Todd Koopmans (Zoom), Wayne Mast, Michelle Petz, Tonya Prewitt, Helen Taube and Sue Twing

Members Excused: Kathy Broome

Others Present: Carol Mills, CEO; Jeff Labun, COO; Denise Russo-Starback, Director of Clinical Services, and Shannon Woodside, recording secretary

**Communications from the Public**

No communication from the public.

**Approval of Agenda**

**Motion** by Member Kolk, supported by Member Boluyt, to approve the agenda as presented. No discussion; motion carried unanimously.

**Approval of Regular Minutes**

**Motion** by Member Kellerman, supported by Member Mast, to approve the minutes of the Regular Board meeting of June 8, 2023 as presented. No discussion; motion carried unanimously.

**Directors Update**

Reviewed Director Mills written report with questions addressed.

- Dr. Gunnell is retiring in August. Retirement party is August 15<sup>th</sup>, 11 a.m. – 1 p.m.

**Executive Committee**

Reviewed minutes of Strategic Planning, June 23, 2023.

Reviewed minutes of Executive Committee, June 29, 2023.

### *Executive Director's Evaluation and Contract*

**Motion** by Member Kolk, supported by Member Kellerman, to approve the Executive Director evaluation and to extend contract for an additional year with an 8% raise and to allow the Director to re-direct up to 10.7% of her compensation to the Retiree Health Savings Account with MERS. No discussion; motion carried unanimously.

Next meeting is August 3, 2023 at 10:00 a.m.

### **Finance**

Check Register, Cash Statement and Budget to Actual reports were reviewed with inquiries addressed by Jeff Labun, Chief Operating Officer.

No meeting scheduled.

### **Policy Committee**

No meeting scheduled.

### **Recipient Rights**

Next meeting is August 14, 2023 at 10:00 a.m.

### **Consumer Advisory Committee (CAC)**

Reviewed minutes from May 25, 2023.

Next meeting is July 27, 2023 at 12:30 p.m. Lunch will be at 12:00 p.m.

### **Promotion & Education Committee**

No meeting scheduled.

### **Mid-State Health Network (MSHN)**

Member Twing reported on the following:

- Autism services – concerns regarding changes with ABA services, no annual evaluation reports, audit being done for the last 11 years, removal of autism specific telehealth codes
- New Federal resource, Findsupport.gov, this is designed for the general public to help identify resources
- Staff are no longer being reimbursed for mileage traveling from their house to the office

### **Community Mental Health Association (CMHA)**

Member Kellerman reported on the following:

- Michicans – new assessment tools; this will replace CAFAS and PECFAS to determine level of care for children
- Diversity, Equity, Inclusion (DEI) – contracted with them for training; looking for board members to part of this training

### **Communications from the Public**

Director Mills welcomed former board member Adele Hansen. We are naming our new Adult Foster Care home after her and late husband (former board member), Laradele in Grant.

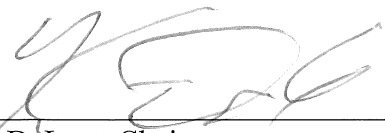
**Presentation**

Dr. Rex Cannon presenting on progress, learning and insights from LORETA neurofeedback with inmates with SUD.

- LORETA neurofeedback: one target, one frequency, one standard procedure
- Psychological test results (traumatic stress reduces)
- Results from participants in jail
- Barriers to continued recovery
- Proved opportunity and change

**Adjournment**

**Motion** by Member Kolk, supported by Member Boluyt, to adjourn the meeting at 12:05 p.m. No discussion; motion carried unanimously.



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Ken DeLaat, Chair



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Kathy Broome, Secretary